



# Transition — The Personal Path Through Change

## Managing the Human Side of Change

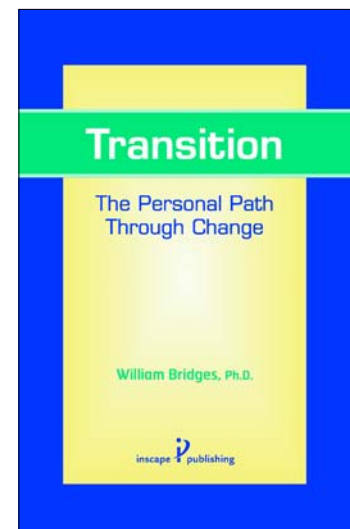
Change happens. It can be negative change, like the loss of a job. Or a positive change, such as a relocation that offers new opportunities. Either way, many employees have trouble moving from the comfort of the familiar through the uncertainty of change toward a new beginning. Fortunately, there's a learning process to help them on their journey.

Based on a structured three-stage process developed by William Bridges, Ph.D., *Transition — The Personal Path Through Change* integrates the insights of DiSC® to help employees find the most personally effective way of moving through transition.

### Create a Positive Outcome for Employees and Your Organization

*Transition — The Personal Path Through Change* is a personal learning guide that helps employees through the emotional transition from “what was” to “what will be.” The benefits of *Transition* include a faster, smoother journey from frustrating resistance to fulfilling engagement.

For your organization, the benefits are even more tangible: higher employee productivity, greater adaptability, and improved innovation during times of change.



## Tap into a Powerful Resource for Change Management

*Transition — The Personal Path Through Change* is an effective learning tool that

- actively engages people in responding to change
- introduces a practical, guided process for moving through the three phases of transition
- offers a user-friendly, interactive workbook format that personalizes learning
- incorporates DiSC<sup>®</sup>, a proven approach to understanding emotions and behavior in changing situations

## Access a Personal Guide for Learning

The *Transition* personal learning guide actively involves learners in self-directed study, one-on-one coaching, or large- or small-group workshops.

### About the Author

William Bridges, Ph.D., has been a leader in the field of transition management for over 20 years and has authored several best-selling books on this subject. Recognized as one of the most widely read and quoted experts on transition in the workplace, Dr. Bridges has worked with hundreds of organizations to help their employees through change and transition.

## Related Products

The *Transition* Facilitator's Sourcebook offers everything trainers and facilitators need to administer *Transition — The Personal Path Through Change*. The sourcebook includes background information, administration details, application options, activities, and presentation materials. Contact your Inscape Publishing Authorized Distributor for details.

## Inscape Publishing

The power to transform individuals, teams, organizations. Inscape pioneered the original DiSC<sup>®</sup> learning instrument over three decades ago. Today, we continue to create innovative products and services that inspire, energize, and empower individuals. Available in 21 languages in over 50 countries, our extensively researched, time-tested resources create the opportunity for transformational experiences. We have helped more than 40 million people develop a deeper understanding of themselves and their relationships, discover their potential, and realize greater success.

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